

SWIMMING CLASSES for Boys and Girls (3-10 years)

Term 1 Fall 2022 August 22 – October 13
(Fall Term 2 starts October 17th)

Choose your day(s) – Monday & Wednesday OR Tuesday & Thursday

3-6 Years	3:15 - 3:45 p.m.	Level 1 & 2
4-7 Years	3:50 - 4:20 p.m.	Level 2 & 3
5-8 Years	4:25 - 4:55 p.m.	Level 3 & 4
6–10 Years	5:00 - 5:30 p.m.	Level 4 & 5

Swimming Lessons are only offered Two Days per Week.

Swimming Curriculum

LEVEL 1:	Blowing bubbles, head submersion, floating, pool safety
LEVEL 2:	Unassisted floating, basic strokes, gliding, intro to deep water
LEVEL 3:	Rotary breathing, refine basic strokes, breaststroke, deep end work
LEVEL 4:	Competence in basic strokes, butterfly, stamina
LEVEL 5:	Competence in all strokes & endurance

(A more detailed description can be found on our website.)

Our pool is completely enclosed and heated for year-round lessons.

FALL SEMESTER TUITION Two Days per Week \$250.00

Tuition in Full is due upon registration.
All Fees are non-refundable or transferrable.
(There is a \$25 Annual Anniversary Fee.)

PALAESTRA for PRESCHOOLERS (3-5 years)

Austin's Premier Pre Kindergarten Program

FALL SEMESTERS 2022

August 17 – December 22

ACTIVITIES: Rotations each morning in **Language Arts, Explore Science and Math, The Arts, Swimming lessons, and Gymnastics, Tumbling and Trampoline.**

TIMETABLE:	8:00 - 8:45 a.m.	Early Drop-off
	8:45 – 9:00 a.m.	Gym Free Play
	9:00 - 11:45 a.m.	Morning Rotations (Must be picked up by Noon)
	12:00 - 2:30 p.m.	Lunch Bunch for an additional fee

TUITION (Monthly)

Palaestra for Preschoolers is offered 2, 3 or 5 days per week.
Monthly payments are due at the first of each month.

	<u>Tuition</u>	<u>Add for Lunch Bunch</u>
Tues/Thur	\$310.00	\$85.00
Mon/Wed/Fri	\$450.00	\$130.00
Mon thru Fri (March is prorated)	\$585.00	\$195.00

REGISTRATION/ SUPPLY FEE

\$100 (This fee is due with registration)

All Fees are non-refundable or transferrable.

Palaestra will follow some A.I.S.D. student/teacher holidays.

GYMNASTICS CLASSES for BOYS and GIRLS

Term 1 Fall 2022 August 22 – October 15
(Fall Term 2 starts October 17th)

Preschool & Parent/Tot Gymnastics Classes for BOY & GIRLS Ages 3-5 yrs

(Any two single classes can be combined to create a two day class at a big discount.)

Morning Preschool Gymnastics for Boys and Girls

3-5 Years	9:15 - 9:55 a.m.	Wednesday	Boys & Girls
3-5 Years	10:10 - 10:50 a.m.	Wednesday	Boys & Girls
3-5 Years	9:15 - 9:55 a.m.	Thursday	Boys & Girls
3-5 Years	10:10 - 10:50 a.m.	Thursday	Boys & Girls

Afternoon Preschool Gymnastics

3-5 Years	2:45 - 3:25 p.m.	Monday	Boys & Girls
3-5 Years	2:45 - 3:25 p.m.	Tuesday	Boys & Girls
3-5 Years	2:45 - 3:25 p.m.	Wednesday	Boys & Girls
3-5 Years	2:45 - 3:25 p.m.	Thursday	Boys & Girls

Saturday Preschool Gymnastics

4,5 Years	10:00 - 10:40 a.m.	Saturday	Boys & Girls
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Morning Parent/Tot Gymnastics

18 - 36 months	9:15 - 9:55 a.m.	Monday
18 - 36 months	10:10 - 10:50 a.m.	Monday
18 - 36 months	9:15 - 9:55 a.m.	Tuesday
18 - 36 months	10:10 - 10:50 a.m.	Tuesday

Tuition (Per 8 Week Term)

One Day per week (Each additional class/day)	\$225.00 \$150.00 per additional day (A savings of \$75)
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Crenshaw Uniforms

In the Fall of 2022, Uniforms are NOT required for our gymnastic classes.

However,

Girls should wear a Leotard of their choice.
Boys should be in Short and a T-Shirt

We have gymnastic uniforms at Crenshaws
\$21.60 tax included

Registration Information

Tuition in Full is due upon registration.
All Fees are non-refundable or transferrable.

(There is a \$25 Annual Anniversary Fee.)

Term 1 Fall 2022 August 22 – October 15
 (Fall Term 2 starts October 17th)

GYMNASTICS CLASSES
for BOY & GIRLS Ages 4-14 yrs

Two Days per Week

4-6 Years	3:30 - 4:10 p.m.	Mon and Wed	Boys & Girls
5-8 Years	4:15 - 4:55 p.m.	Mon and Wed	Girls
5-8 Years	4:15 - 4:55 p.m.	Tues and Thurs	Boys
8-14 Years	5:00 - 5:40 p.m.	Mon and Wed	Girls
8-14 Years	5:00 - 5:40 p.m.	Tues and Thurs	Boys & Girls

One Day per Week

4-6 Years	3:30 - 4:10 p.m.	Tuesday	Boys & Girls
4-6 Years	3:30 - 4:10 p.m.	Thursday	Boys & Girls
4-7 Years	3:30 - 4:10 p.m.	Friday	Boys & Girls
5-8 Years	4:15 - 4:55 p.m.	Friday	Boys & Girls
7-12 Years	5:00 - 5:40 p.m.	Friday	Boys & Girls
6-12 Years	5:45 - 6:25 p.m.	Monday	Boys & Girls
7-14 Years	5:45 - 6:25 p.m.	Tuesday	Girls
5-9 Years	5:45 - 6:25 p.m.	Wednesday	Girls
5-8 Years	5:45 - 6:25 p.m.	Thursday	Boys & Girls

Saturday Classes

4,5 Years	10:00 – 10:40 a.m.	Saturday	Boys & Girls
5-7 Years	10:45 – 11:25 a.m.	Saturday	Boys & Girls
7-10 Years	11:30 - 12:10 p.m.	Saturday	Boys
6-8 Years	11:30 - 12:10 p.m.	Saturday	Girls
8-14 Years	12:15 - 12:55 p.m.	Saturday	Girls

Tuition (Per 8 Week Term)

One Day per week	\$225.00
Two Days per week	\$375.00
(Each additional class/day)	\$150.00 per additional day
	(A savings of \$75)

Crenshaw Uniforms

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